



Karate America Verona

www.kaverona.com

535 Half Mile Road, Verona, WI
845-1333

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ONE TIME INTRODUCTORY Class (By Appointment)	★	★	★	<u>6:15-6:45</u>	★	<u>9:30-10:00</u>
WHITE Belt / GOLD Belt ORANGE Belt / GREEN Belt 4, 5, and 6 years old	★	4:30-5:00	5:00-5:30	5:00-5:30	★	10:00-10:30
WHITE/GOLD/ORANGE Belt Kids 7 to 12 years old	★	5:00-5:30	5:30-6:00	4:30-5:00	★	10:30-11:00
GREEN & PURPLE Belt Kids 7 to 12 years old	5:00-5:30	★	★	6:45-7:15	4:00-4:30	11:00-11:30
BLUE & BLUE STRIPE Belt Kids - 7 to 12 years old	5:30-6:00	5:30-6:00	★	★	4:30-5:00	11:30-12:00
RED & RED STRIPE Belt Kids 7 to 12 years old	6:00-6:30	★	6:00-6:30	★	5:30-6:00	12:00-12:30
BROWN to BLACK Belt Kids 7 to 12 years old	4:30-5:00	★	6:30-7:00	★	5:00-5:30	12:30-1:00
ALL Teens & Adults ALL Belts – 13 & Up	7:15-8:00	7:30-8:15	★	8:00-8:45	★	1:00-1:45
Masters Team Black Belts All Ages and Degrees	6:30-7:15	6:45-7:30	7:00-7:45	7:15-8:00	6:00-6:45	★
COMPETITION Team BLACK BELT Team or ACHIEVEMENT Team	★	★	★	5:30-6:15	★	★

IMPORTANT NOTE!

→→→ On Monday nights when we have Sparring Class scheduled:

→ All Adults spar at 6:30-7:15 with the Adult Masters Team Class

→ On Monday Sparring Nights there is NO other Adult Class scheduled